

Course Outline for the OEC –Swami Vivekanand Studies Centre

KARNATAK UNIVERSITY, DHARWAD.

Department of Swami Vivekanand Studies Centre

Course outline of OEC for Semester Courses as per CBCS pattern.

2020-2021 onwards

II) Semester-II

Sl. No.	Details (Course Type/ Name)	Main Marks	Internal Marks (Including Attendance)	Total Marks	Credits	Teaching Hrs
	Open Elective:					
1	Dimensions of Swami Vivekananda's Thought	75	25	100	4	4 hrs/week

III) Semester-III

Sl. No.	Details (Course Type/ Name)	Main Marks	Internal Marks (Including Attendance)	Total Marks	Credits	Teaching Hrs
	Open Elective:					
1	Human Resource Development and Professional Skills (CODE No.151)	75	25	100	4	4 hrs/week

KARNATAK UNIVERSITY, DHARWAD



SYLLABUS

For

**CHOICE BASED CREDIT SYSTEM
(OEC – CBCS)**

II Semester:

Paper Code and Name	H103: Dimensions of Swami Vivekananda's Thought
COURSE OUTCOMES (COs)	
After completing this paper, the students will be able to understand:	
CO 1	the diverse thoughts of Swami Vivekananda – National integration, human character, Modern problems, education, etc.
CO 2	and can incorporate the messages of Swami Vivekananda in their own life.
CO 3	and know the importance of spirituality and Universal Religion according to Swami Vivekananda.
CO 4	and practise the teachings of Swami Vivekananda
CO 5	The eternal values of Indian Culture as lived and propagated by Swami Vivekananda

PARTICULARS	Teaching Hours (Max. 60)
Unit 1: Swami Vivekananda as a spiritual leader: nature of spirituality, concept of Moksha, Dharma, God, Soul, World, means to: Karma, Jnana, Bhakti and Raja Yoga.	12 Hours
Unit 2: Swami Vivekananda's Message to youth: "What you think that you will be", self-confidence, self-respect, "strength is life", "weakness is death", aims and means, "man is maker of his destiny", "work for work sake".	12 Hours
Unit 3: Swami Vivekananda's views on National integration, serve man as God, love your nation, renunciation, unity in diversity, faith and strength. Organised struggle for liberation. Universal Religion, Character building.	12 Hours
Unit 4: Swami Vivekananda and Modern Problems: crime and public morality, family breakdown, healthcare, environmental pollution and denigration, male dominance and woman's status, lack of religious identity,	12 Hours
Unit 5: Swami Vivekananda's thoughts about Education: Concept of education, aim of education, Methods of teaching learning, the qualities of a student, the qualities of a teacher, curriculum, mass education, Women education.	12 Hours
REFERENCES	
<ol style="list-style-type: none"> 1. Chakrabarti Mohit - Swami Vivekananda - Excellence in Education, Kalpaz Publication, New Delhi, 2008. 2. Nair.V.S. Sukamaram – Swami Vivekananda – The Educator, Sterling Publisher (P) Ltd, 1987. 3. Diswan A & Aggraval J.C.: Seven Indian Educators, National Solidarity (Publication) Press, New Delhi, 1977. 4. Chakrabarti Mohit: Pioneers in Philosophy of Education, National Solidarity Press, New Delhi, 1977. 5. Dr.S.C. Chatterjee: Swami Vivekananda Centenary Memorial Volume, Swami Vivekananda's Centenary Committee, 1963. 6. The Gospel of Sri Ramakrishna, Sri Ramakrishna Math, Madras, 1985. 7. The Complete Works of Swami Vivekananda, Advaita Ashrama, Kolkata, 1989. 8. Swami Abhedananda: Swami Vivekanadna and his Work, Advaita Ashrama, Kolkata. 	

III Semester:

Paper Code and Name	I51:Human Resource Development and Professional Skills
COURSE OUTCOMES (COs)	
After completing this paper, the students will be able to understand:	
CO 1	and develop the professional skills
CO 2	As to what is the meaning of personality and how to develop their own personality.
CO 3	the psychological development of personality
CO 4	the values of service, sacrifice self-control, selflessness and moral courage and highlight the significance of character building and spirituality in their self-development.
CO 5	The concept of positive self-development and undertake critical appraisal of their conceptual understanding and polish their original thinking and writing skills.

PARTICULARS	Teaching Hours (Max. 60)
Unit 1: Swami Vivekananda. <ul style="list-style-type: none"> ➤ Vivekananda: A Spiritual leader ➤ Vivekananda’s Message to youths ➤ Vivekananda’s views on National Integration ➤ Vivekananda’s Vision for development of personality. 	12 Hours
Unit 2:General Principles and aspects of Integrated Human Development <ul style="list-style-type: none"> ➤ Physical development ➤ Psychological development ➤ Social development ➤ Spiritual awareness and development 	12 Hours
Unit 3: Self Development <ul style="list-style-type: none"> ➤ Harnessing positive thinking and attitude ➤ Character Building ➤ Will power development ➤ Unfolding empathetic and compassionate qualities 	12 Hours
Unit 4: Brain, Mind and Behavior <ul style="list-style-type: none"> ➤ Overview of functions of the brain ➤ General principles of functioning of mind ➤ Effect of positive thinking, meditation ➤ Empathetic quality of functioning of brain and body 	12 Hours
Unit 5: Professional skill and Leadership quality development <ul style="list-style-type: none"> ➤ Language and communication skill development ➤ Analytical skill development ➤ Group Discussion ➤ Presentation skills ➤ Interpersonal relationship 	12 Hours

REFERENCES

1. Fan, A: *Introduction to personality development*. (1983)
2. Advaita: *Will power and character development*. (1997)
3. Swami Vivekananda: *His call to the nation*.
4. Swami Chinmayananda: *The Art of man making*.
5. *Swami Vivekananda's Kruti Shreni*: 1 to 9 Volumes by Shri Ramakrishna Ashram, Yadavgi, Mysore. (2008)
6. David. G. Myers (Fourth Ed): *Psychology*, Worth Publishers New York, 10003.(1995)
7. Dennis Coon.: *Essentials of Psychology*, (8th Ed) Wadsworth, USA, (2000).
8. Elizabeth B. Hurlock (fifth Ed): *Developmental Psychology A Life Span Approach* , Tata McGraw- Hill Publishing Co. Ltd New Delhi. (1994)
9. Krech, Crutchfield, and Ballachey: *Individual in Society*, McGraw-Hill Kogakusha Ltd, New Delhi. (1962)
10. James C. Coleman (third Ed): *Abnormal Psychology and Modern Life*, D.B. Taraporevala sons & Co Pvt. Ltd Bombay-1. (1970).